

Instructions for Using the Percussion Pro 2.0

Go to HumanLocomotion.com for a link to the video with full instructions for use.

Thanks for purchasing the Percussion Pro 2.0! We wanted to offer a percussion gun that was small and portable, but also offered the 50-60 cycles per second required to suppress spindle information and reduce muscle tone. (To learn more about muscle spindles go to the video or the article on the Percussion Pro on our website.) Dr. Michaud also wanted a massage head attachment that was large and slightly rounded, so it would distribute pressure over a broader area and glide smoothly over the skin. When he couldn't find what he was looking for, he designed his own attachment and had it machined for this percussion device.

The Percussion Pro 2.0 will arrive with the massage head separate and ready to attach. Push the attachment in firmly with the flat of your hand (A).

It also comes with a USB type-C charging cable that fits into any standard USB plug. Touch the power button briefly and the LCD panel will illuminate with the charge information. The battery lasts approximately four hours. To turn on the Percussion Pro 2.0, touch the power button on the LCD screen and hold, you'll see the status indicator is at "01". This is the lowest frequency. Press the button again for each level of oscillation. Using the device at the "05" or "06" level will give you a frequency of 50 cps, which has been proven to reduce muscle tone and increase circulation. Press and hold the power button to turn off the Percussion Pro 2.0. When you use the Percussion Pro 2.0, it is important that you do not press the head down too hard, as that will cause the motor to stall and shut off. Light to moderate pressure works best.



PLEASE NOTE: IF YOU HAVE A MEDICAL CONDITION OR HEALTH-RELATED PROBLEM, PLEASE CONSULT YOUR DOCTOR BEFORE USING THIS PRODUCT.

- DO NOT USE THIS PRODUCT ON OPEN WOUNDS, BLISTERS, OR BRUISES.
- DO NOT USE THIS PRODUCT IF YOU HAVE NEUROLOGIC CONDITIONS RESULTING IN LOSS OR ALTERED SENSATION
- DO NOT USE ON BONES, THIS PRODUCT IS FOR USE ON SOFT TISSUE ONLY
- DO NOT ALLOW USE OF PRODUCT BY MINORS.

Warning and Disclaimer

User assumes all risks associated with use of the PERCUSSION PRO 2.0. If you have any health problems listed above or you're unsure of whether to use this product, please consult your healthcare provider to determine whether use of this product is appropriate. Because injury may result from inappropriate use, such as the items in the warning list above, all of which is beyond control of the manufacturer and distributor, user assumes all risks. Under no circumstances shall the buyer be entitled to damages associated with the use of this product. Use of this product constitutes agreement to these terms.